****

**Local Food – Local People**

**Syringa Mountain School**

**Lunch Program March 2018**

***Thursday, March 1st***

**Asian Chicken Stir Fry**

with Brown Rice, Onions, Celery, Carrots, Sourdough Bread and Green Salad, Includes garlic, olive oil

. **Gluten Free except sourdough. Vegetarian.**

**Friday, March 2nd ~ Sack Lunch**

***Monday, March 5th***

**Chicken Noodle Soup**

Chicken, celery, carrots and Green Salad

***Tuesday, March 6th***
 **Taco Salad**

with Grass Fed Beef, Roasted Tomato Salsa and Queso Fresco, Rice and Beans
Includes onions, jalapeños, garlic, tomato and cilantro & Corn Tortilla Chips. **Gluten free!**

***Wednesday, March 7th***

**Veggie Pizza**

Marinara , Onions, Tomatoes, Cheese. Green Salad

***Thursday, March 8th***

**Chicken Enchiladas**

with Chicken, Onions, peppers, cheese and tomatoes. With a Green Salad

**Friday, March 9th ~ Sack Lunch**

***Monday, March 12th***

**Tomato and Basil Bisque**

with Sourdough Bread and Green Salad, Includes garlic, olive oil and onion. **Gluten Free except sourdough. Vegetarian.**

***Tuesday, March 13th***

**Taco Salad**

with Grass Fed Beef, Roasted Tomato Salsa and Queso Fresco, Rice and Beans
Includes onions, jalapeños, garlic, tomato and cilantro & Corn Tortilla Chips. **Gluten free!**

**Wednesday, March 14th**

**Chicken Enchiladas**

with Chicken, Onions, peppers, cheese and tomatoes. With a Green Salad

***Thursday, March 15th***

**Twice Baked Potatoes with Chili**

With Potatoes, cheese, bacon, Beef Chili served with a Green Salad

***Friday, March 16th  ~ Sack Lunch***

***Monday, March 19th thru Friday, March30th***

**No School – Spring Break**