# My Work-Life Resources provides support for all of life's challenges



### **BPAHealth.com**

#### Resources for all of life's crossroads

- Raising a family
- Preparing a will
- Pet services
- Buying or selling a home
- Creating a budget

- Finding a day care provider
- · Help with elder care
- Building your career
- Making healthy choices
- · Becoming more active

#### **Online Seminars**

- A new topic each month and archived library
- · On demand and easy to access
- Many topics on health, parenting, finances and career development

#### **News For You**

- Find relevant information about current events.
- Keep up to date with what is happening now.

## **Savings Center**

- Discount shopping
- Up to 25% savings on name brand, practical and luxury items

Accessing BPA Health My Work – Life Resources is easy at BPAHealth.com
Ouestions call: 1-800-726-0003

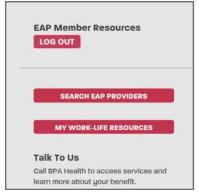
Connect. Improve. Achieve.

# BPAHealth.com Easy to access & mobile friendly

The BPA Health Website is available to you when and where you need it.

This is how you access My Work-Life Resources:







Go to **BPAHealth.com/eap-home** and enter the following information:

Employer Name: Syringa

Mountain School

Toll Free Number: 8007260003

Select the My Work-Life Resources button and you will be connect to the resource web portal. View or download work- life resources including webinars, forms, informational documents and educational



You can access on demand archived seminars when and where you need to.



Use this handy search tool to locate a child care provider or find a pet sitter. Use the older adult services locator to find a professional who provides elder care services.



Find the most popular pieces of content here - rated and recommended by others who enjoyed the read.

BPA Health is a Boise, Idaho company that connects people to make individual lives better, organizations more effective and communities stronger. BPA Health professionals help individuals confront everyday challenges and address the uniquely personal problems that impact their job performance, health and overall well-being.

