

My Work-Life Resources  
provides support for all of  
life's challenges

[BPAHealth.com](http://BPAHealth.com)



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### Resources for all of life's crossroads

- Raising a family
- Preparing a will
- Pet services
- Buying or selling a home
- Creating a budget
- Finding a day care provider
- Help with elder care
- Building your career
- Making healthy choices
- Becoming more active

### Online Seminars

- A new topic each month and archived library
- On demand and easy to access
- Many topics on health, parenting, finances and career development

### News For You

- Find relevant information about current events.
- Keep up to date with what is happening now.

### Savings Center

- Discount shopping
- Up to 25% savings on name brand, practical and luxury items

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Accessing BPA Health My Work– Life Resources is easy at [BPAHealth.com](http://BPAHealth.com)  
Questions call: 1-800-726-0003

*Connect. Improve. Achieve.*

# BPAHealth.com

## Easy to access & mobile friendly

The BPA Health Website is available to you when and where you need it.

This is how you access **My Work-Life Resources**:

**EAP Member Resources**  
Login & access:

- Details about your EAP
- Work/Life and Legal/Financial benefits
- Free lifestyle tools and resources

[New! EAP Online Service Request](#)

Employer Name

Toll Free Number

**LOGIN** Need Login Help? Call 800-726-0003

**EAP Member Resources**

**LOG OUT**

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**SEARCH EAP PROVIDERS**

**MY WORK-LIFE RESOURCES**

**Talk To Us**  
Call BPA Health to access services and learn more about your benefit.



Go to **BPAHealth.com/eap-home** and enter the following information:  
Employer Name: **Syringa Mountain School**  
Toll Free Number: **8007260003**

Select the My Work-Life Resources button and you will be connect to the resource web portal.

View or download work- life resources including webinars, forms, informational documents and educational

**ONLINE SEMINARS**

Access on demand or archived seminars. Topics include health, parenting, finances and career development, and so much more.

You can access on demand archived seminars when and where you need to.

**RESOURCE LOCATOR**

Use this handy search tool if you are finding services to support life's transitions. Child care, elder care, pet care, and many others are

Use this handy search tool to locate a child care provider or find a pet sitter. Use the older adult services locator to find a professional who provides elder care services.

**NEWS FOR YOU**

Find relevant information about current events. Keep up to date with what is happening now.

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BPA Health is a Boise, Idaho company that connects people to make individual lives better, organizations more effective and communities stronger. BPA Health professionals help individuals confront everyday challenges and address the uniquely personal problems that impact their job performance, health and overall well-being.

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